

New Marston Primary School is food allergy aware.

This is a change from policies which state a school is 'nut free'. This change is to better reflect what efforts we can all do to minimise the risk to children with allergies whilst appreciating that we cannot be completely confident that all food items brought in are nut free or that another child has not consumed nuts before coming into school.

There are a small number of students at our school who have severe food allergies. The most common of these allergens are peanuts, tree nuts, eggs, fish and shellfish, soy and wheat. The most serious risk in our school is nut allergies which can cause life threatening anaphylactic reactions.

Aims of this policy

- To provide a safe learning environment for all members of the New Marston school community
- To raise the awareness of all members of the community regarding severe allergies

The policy

- Parents and caregivers are requested NOT to send food to school that contains nuts (especially peanuts). This includes all types of nuts, peanut butter, Nutella and food containing nuts.
- Our school kitchen and food are already nut free and we do not supply any ingredients in food technology that have nuts or nut derivatives.
- Staff will supervise eating at lunchtime.
- Students are encouraged NOT to share food.
- Students are encouraged to wash their hands before and after eating.
- Staff are trained in understanding and dealing with Anaphylaxis (severe allergic reactions) as the need arises.
- Photos of pupils with known allergies are displayed in the staff room (with their allergy action plan), in the kitchen and with an alert on Integris.
- Cooking activities will be risk assessed and children with allergies will be noted on this risk assessment.

Risk Assessment regarding Nut Allergy

- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school.
- If staff do notice a student that has brought in food that contains nuts or nut products these items will be removed and if required an alternative will be provided from the school kitchen.

Policy reviewed Oct 2023

This policy will be reviewed in October 2025 or if children severe allergies join the school (requiring an EpiPen)